



# Hospice News

Volume XL, 4th Quarter 2024  
Craven County Hospice

*Your Hometown Hospice for over 40 Years*

## *A Time of Remembrance..*

Tuesday, December 3rd, Craven County Hospice held its annual Memorial Service, “A Time of Remembrance” at St. Paul’s Catholic Church. The service honors those who have passed in last calendar year. It consisted of family and friends hanging personalized dove ornaments made by the Tryon Chapter of the Embroiderer’s Guild of America, readings, and music led by Chaplain Angel Lorton.

April Deese, Nancy Becker, Jessica Edwards, and Joy Holloway read the names of the individuals who have passed. As each name was read loved ones lit a candle in their memory. The name reading was followed by a moment of silence for time to reflect, but to also look around the room. For many, it was an opportunity to connect with others who have faced similar losses and to offer both comfort and healing to one another.



## *Coping with Grief During the Holidays*

The holidays can be a difficult time for those who are grieving, as the absence of a loved one feels even more pronounced amid celebrations. Grief is a journey, and it's okay to feel sadness, longing, or even happiness in unexpected moments. Allow yourself the space to honor your feelings, and don't be afraid to take a break from traditions if it feels overwhelming. This holiday season doesn't have to look the same as it did before. Healing takes time, and while the holidays may feel challenging, let it be a reminder of the love and memories that remain in your heart. Take it one day at a time, and know that it's okay to lean on those around you for support when needed.

## Introducing the new members of our team



Karen Mohr and her husband David moved to New Bern from Huntington, NY at the end of June. She has been a Registered Nurse for 28 years. Along with her nursing career she has volunteered with the local ambulance service as an EMT for 20 years. Karen strives to develop connections with her patients and families to help them navigate during their time of crisis. During her time off, Karen and her husband enjoy gardening time, taking walks, spending time with their family and friends and learning to play golf. Karen is also enjoying learning line dancing.

Samantha Bedard and her family reside in Jacksonville; although she is native to Buffalo, NY. Her experience as a nurse includes working on inpatient cardiac units and outpatient cardiac offices. Her favorite part of nursing is the relationships she builds with her patients. Outside of work, Samantha loves to read, play board games with her family, and spend time with her dogs! Samantha is also a huge Buffalo Bills fan!



## Honoring Service Through Action

Veteran’s Day is a time for Americans to reflect on and honor the sacrifices made by military veterans. To show their appreciation Craven County Hospice Volunteers worked along side the Veterans Council of Craven County at the Annual Veterans Luncheon on November 9, 2024, serving over 150 Veterans a hot lunch.





# Hospice Happenings

At Craven County Hospice we take team building seriously! We had a fall filled with potlucks, parade prep, an ornament exchange, and a Gingerbread building contest.



Your Hometown Hospice  
for over 40 years!  
[www.cravencountyhospice.com](http://www.cravencountyhospice.com)



Craven County Hospice  
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# New Bern Christmas Parade



The Craven County Hospice staff kicked off the holiday season by boarding the Polar Express and riding through the 2024 New Bern Christmas Parade, spreading joy and handing out candy .



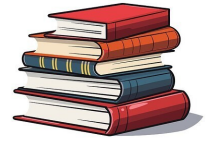
## Wish List



We are always looking for twin XL bed sheets to fit hospital beds that are used by our patients. Other important items needed are baby monitors (new or used) that can be placed in a home for patients to always have contact with their caregivers. Craven County Hospice gratefully accepts monetary donations. These charitable gifts, let us serve those patients unable to pay for such things as respite aides, which are not covered by the Medicare Hospice Benefit. If you would like to make a donation, please contact us at 252-636-4930.

## Recommended Reading

### 10 Books for Dealing with Grief, Bereavement Or Loss



- When Breath Becomes Air by Paul Kalanithi,
- On Grief and Grieving by Elizabeth Kubler-Ross & David Kessler
- Notes on Grief by Chimamanda Ngozi Adiche
- The Long Goodbye by Meghan O'Rourke
- The Grieving Brain: The Surprising Science of How We Learn From Love and Loss by May Frances O'Connor
- The Year of Magical Thinking by Joan Didion
- A Monster Call by Patrick Ness
- PS, I love you by Cecilia Ahern
- It's OK That You're Not OK by Megan Devine
- Bearing The Unbearable: Love, Loss, And The Heartbreaking Path of Grief by Joanna Cacciatore

## Spiritual Care Week & Volunteer Managers Day



Chaplain Angel Lorton and Community Outreach Coordinator Stephanie Leonard.

October 20-26 was Spiritual Care Week. This annual event recognizes the essential role that spiritual care professionals play in supporting the spiritual, emotional, and mental well-being of the individuals they serve. We are so thankful for our Chaplain Angel Lorton and her dedication to Craven County Hospice and the community.

Volunteer Managers Day was November 5th. This day recognizes the contributions Volunteer Managers make in coordinating, supporting, and empowering volunteers as well as building meaningful connections between their volunteers and the communities they serve.

Chaplain Angel Lorton and Community Outreach Coordinator Stephanie Leonard often work closely together to create a supportive environment for both volunteers and those they serve. Angel provides spiritual care and guidance to Hospice Volunteers. This helps them navigate the spiritual and emotional aspects in their role within our team!

## Share Your Story

We would love to hear your experience with our Hospice Care. Please share your meaningful moments and stories from your time with us. Whether it is the care provided to your loved one, the care you provided to a patient or caregiver, or the support you received that reflects the quality of care and support you received.

“The journey (of grief) is our story. There is no destination, no resting place to reach, no final answer. There is simply the journey we take and the story we live with our feet, with our heart.” -Janie Cook



# Hospice Memorials

Thank you for your donations in Memory Of:

*Catherine Anderson*  
*M. Rosalie Frick*

*Arminta Ballance*  
*Deborah Ballance*

*Edward Buglovsky*  
*Mary Karen Buglovsky*

*Bonnie Chirdon*  
*Portia Garrett*

*Gerald Decamp*  
*Linda Chamblee*

*George "Mike" Deichmann*  
*Mike & Toni (charitable fund)*

*Jean Elson*  
*Marsha Parker*

*Fern Franklin*  
*Donna Daniels*  
*Jane Revels*

*Mary Elizabeth Gardner*  
*Catherine Cooper*

*Rebecca Heath*  
*George Heath Jr.*

*Kevin Henry*  
*Iris Henry*

*Marie Henry*  
*Kevin & Laurie Henry*

*Elizabeth Hutchinson*  
*Melissa Hutchinson*

*Ernie Hudson*  
*Janet Hudson*

*Joan Miller*  
*Joan Murphy*  
*Leigh Anne Cappello*  
*Jean Smeriglio*

*Norman Penner*  
*Frederick Housman II*  
*Barbara Scavuzzo*  
*Rae Gee*  
*Lorraine Wocel*

*Faye Rowe*  
*Susan Sutton*

*Marie Sager*  
*Robert Sager*

*Eric Slesinski*  
*Helene Charpentier*

*Thomas Smith*  
*Carol Brunson*

*John Sutton*  
*Susan Sutton*

*Shirley Uzzell*  
*anonymous*

*Keith Warren*  
*Sharon Warren*

*Mary Warren*  
*William Warren*

*Terry Wethington*  
*Margaret Wethington*

*Alicia William*  
*Burrell & Nancy Williams*

*Donation to Hospice*  
*Knights of Columbus*  
*David Ward Jr.*  
*David & Robyn Garrett*  
*Catholic Daughters of St.*  
*Pauls Church Parish*  
*Margaret Faulkenberry*  
*Robert Fisher*  
*Henry Stille*  
*Chris & Katie Taylor Charitable Giving Fund*

*In Honor Of*  
*Judi Lloyd*